

## Other Resources



The Kepro HCQU website offers several other types of resources, as well.

### INFORMATIONAL MATERIALS

- \* General Information
- \* Care Guides & Resource Lists
- \* Coronavirus (COVID-19) Resources
- \* Fatal Five Resources
- \* Wellness Resources

### REHEARSAL GUIDES

- \* Available for over 25 medical procedures and health-related situations

### NEWSLETTERS

- \* *HCQU CARES* Newsletters
- \* *HCQU CARES: Nursing Edition* Newsletters

### HELPFUL LINKS

- \* Links to professional/expert sources of information relevant to supporting individuals with intellectual disability/autism (ID/A).

For additional assistance with navigating the Kepro HCQU website, please contact us.

Information or education provided by the Kepro HCQU is not intended to replace medical advice from the individual's personal care physician, existing facility policy, or federal, state, and local regulations/codes within the agency's jurisdiction. The information provided is not all inclusive of the topic presented.

A certificate for training hours will be awarded upon successful completion of the training with a test score of 70% or higher. Participants are responsible for submitting certificates to their respective agencies.

### CONTACT US

**Kepro SW PA Health Care Quality Unit  
(Kepro HCQU)**

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**SW PA Health Care Quality Unit  
(Kepro HCQU)**

# Online Training Brochure



The Kepro HCQU serves eight PA Counties:

**Allegheny**

**Greene**

**Bedford**

**Somerset**

**Cambria**

**Washington**

**Fayette**

**Westmoreland**

*However, our online trainings and resources are available to users everywhere.*

## Accessing Online Trainings

- To access an online training, visit the Kepro HCQU website at [hcqu.kepro.com](http://hcqu.kepro.com)
- \* Click on the **Training** tab at the top of the page.
  - \* Click on the **Online Training Registration** link in the left-hand column.
  - \* Enter the needed information and click *Submit*. A registration code for the selected online training module will be displayed in a new window.
    - ◇ The *COPY* or *PRINT* option enables a user to save the code for use in the event the training needs to be stopped and then restarted later.
    - ◇ Separate registration is required for each training to be completed; each registration code is specific to a person and training topic.
  - \* Click on the registration code link to start the training. Be sure to allow for pop-up windows in order to allow the training module to open.
    - ◇ If unable to see the training module, minimize all other windows open on the computer to find it.
    - ◇ An option to access a .pdf copy of the training materials is available. (The .pdf does not include the test.)
  - \* To access the training at a later time, click on the **Online Training Startup** link and enter the saved registration code.
  - \* After reviewing the content, click *Next* to start the test. A score of 70% or higher is needed for a training certificate to be generated. A registrant may re-take the test as many times as needed to successfully complete the test.
  - \* Participant input is important to us. Please follow the prompts to complete an evaluation after submitting the test.

## Kepro HCQU Online Trainings

- \* Advocacy for an Everyday Life
- \* Aging: Medication Management
- \* Aging: Physical Changes and Care
- \* Aging: Retirement
- \* Anger Management
- \* Arthritis
- \* Aspiration Pneumonia
- \* Autism Spectrum Disorder (ASD)
- \* Behavior is Communication
- \* Behavioral Manifestations of Pain
- \* Bipolar Disorder
- \* Body Mechanics and Back Pain
- \* Borderline Personality Disorder
- \* Boundaries
- \* Bowel Management
- \* Cerebral Palsy
- \* Chronic Kidney Disease (CKD) - Basics
- \* Communicating Effectively w/ Healthcare Professionals
- \* Communication: Positive Techniques
- \* Communication: Understanding and Improving
- \* Communication Devices
- \* Coronavirus (COVID-19)
- \* Dementia: Beginning Stages
- \* Dementia: Middle and End Stages
- \* Dental Disease Prevention
- \* Depressive Disorders
- \* Diabetes: Basics
- \* Diabetes: Complications
- \* Diabetes: Nutrition
- \* Dialectical Behavior Therapy (DBT)
- \* Digestive Disorders: Lower GI
- \* Digestive Disorders: Upper GI
- \* Down Syndrome (Trisomy 21)
- \* Dysphagia
- \* Eating Disorders
- \* Emergency Care: When to Seek
- \* Emergency Preparedness
- \* Executive Functioning
- \* Fall Prevention
- \* Fatal Five
- \* Fetal Alcohol Spectrum Disorders (FASD)
- \* Foodborne Illnesses
- \* Generalized Anxiety Disorder (GAD)
- \* Genetic Syndromes
- \* Grief and Loss
- \* Hearing and Visual Impairment
- \* Heart Disease
- \* HIPAA
- \* Hospital Discharge Planning for Providers
- \* Hypertension
- \* I/DD Overview



## Kepro HCQU Online Trainings (continued)

- \* Infectious Diseases: Bloodborne Pathogens
- \* Infectious Diseases: General Infections
- \* Infectious Diseases: Resistant Organisms
- \* Intermittent Explosive Disorder (IED)
- \* Lifesharing: Community Participation
- \* Lifesharing: Family Dynamics
- \* Medical Facilities: Appropriate Use
- \* Medication Administration: Preventing Errors
- \* Medications: Purposes, Types, and Effects
- \* Neurological Diseases
- \* Nutrition
- \* Obsessive Compulsive Disorder (OCD)
- \* Osteoporosis
- \* Pain Management
- \* Personal Hygiene
- \* Physical Distress: Recognizing the Signs
- \* Poison Control and Prevention
- \* Positive Approaches: An Overview
- \* Positive Approaches: De-escalation
- \* Post-Traumatic Stress Disorder (PTSD)
- \* Pressure Injuries
- \* Relationship Building
- \* Relaxation
- \* Safety: Tips for Summer
- \* Schizophrenia
- \* Seizure Overview
- \* Sensory Processing Differences
- \* Sexuality: Every Person's Rights
- \* Skin Care
- \* Skin: Common Problems
- \* Sleep Apnea
- \* Standard Precautions
- \* Stress Management
- \* Symptoms: Describe, Report, Document
- \* Thyroid Disorders
- \* Trauma
- \* Trauma and Attachment Disorders
- \* Traumatic Brain Injury (TBI)
- \* Urinary Tract Infection (UTI)
- \* Weight Management

### ONLINE TRAININGS FOR SELF-ADVOCATES

- \* Coronavirus (COVID-19)
- \* Diabetes and Me: Healthy Foods
- \* Diabetes and Me: Taking Care of My Body
- \* Diabetes and Me: Taking Medication
- \* Diabetes and Me: What is Diabetes?