

NC Area Agencies on Aging Locations

Southwestern Commission Area Agency on Aging

Region A

125 Bonnie Lane, Sylva NC 28779

Phone: (828) 586-1962

<http://www.regiona.org>

Fax: (828) 586-1968

Serves the following counties: Cherokee, Clay, Graham, Haywood, Jackson, Macon, Swain (EBCI)

Land-of-Sky Regional Council

Region B

339 New Leicester Highway Suite 140, Asheville, NC 28806

Phone: (828) 251-6622

<http://landofsky.org>

Fax: (828) 251-6353

Serves the following counties: Buncombe, Henderson, Madison, Transylvania

Isothermal Planning & Development Commission

Region C

111 West Court Street, Rutherfordton, NC 28139

Phone: (828) 287-2281

<http://www.regionc.org>

Fax: (828) 287-2735

Serves the following counties: Cleveland, McDowell, Polk, Rutherford

High Country Council of Governments

Region D

468 New Market Boulevard, Boone, NC 28607

Phone: (828) 265-5434

<http://www.regiond.org>

Fax: (828) 265-5439

Serves the following counties: Alleghany, Ashe, Avery, Mitchell, Watauga, Wilkes, Yancey

Western Piedmont Council of Governments

Region E

1880 Second Ave, NW, Hickory NC 28603

Phone: (828) 322-9191

<http://www.wpcog.org>

Fax: (828) 322-5991

Serves the following counties: Alexander, Burke, Caldwell, Catawba

Centralina Council of Governments

Region F

9815 David Taylor Dr. Suite 100, Charlotte, NC 28262

Phone: (704) 372-2416

<http://www.centralinaaging.org/>

Fax: (704) 347-4710

Serves the following counties: Anson, Cabarrus, Gaston, Iredell, Lincoln, Mecklenburg, Rowan, Stanly, Union

Piedmont Triad Regional Council

Region G

1398 Carrollton Crossing Drive, Kernersville, NC 27284

Phone: (336) 904-0300

<http://www.ptrc.org>

Fax: (336) 904-0302

Serves the following counties: Alamance, Caswell, Davidson, Davie, Forsyth, Guilford, Montgomery, Randolph, Rockingham, Stokes, Surry, Yadkin

Triangle J Council of Governments**Region J**

4307 Emperor Blvd., Suite 110, Durham, NC 27703

Phone: 1-800-310-9777

<http://www.tjaaa.org>

Fax: (919) 549-9390

Serves the following counties: Chatham, Durham, Johnston, Lee, Moore, Orange, Wake

Kerr Tar Regional COG**Region K**

1724 Graham Avenue, Henderson, NC 27536

Phone: (252) 436-2040

<http://www.kerrtarcog.org/aging/>

Fax: (252) 436-2055

Serves the following counties: Franklin, Granville, Person, Vance, Warren

Upper Coastal Plain Council of Governments**Region L**

121 W. Nash Street, Wilson, NC 27894

Phone: (252) 234-5952 / 1800-6575

<http://www.ucpcog.org>

Fax: (252) 234-5971

Serves the following counties: Edgecombe, Halifax, Nash, Northampton, Wilson

Mid-Carolina Council of Governments**Region M**

6205 Raeford Road, Fayetteville, NC 28301

Phone: (910) 323-4191

<http://www.mccog.org/>

Fax: (910) 323-9330

Serves the following counties: Cumberland, Harnett, Sampson

Lumber River Council of Governments**Region N**

30 CJ Walker Road, COMtech Park, Pembroke, NC 28372

Phone: (910) 618-5533

<http://www.lumberrivercog.org/>

Fax: (910) 521-7556

Serves the following counties: Bladen, Hoke, Richmond, Robeson, Scotland

Cape Fear Council of Governments**Region O**

1480 Harbour Drive, Wilmington, NC 28401

Phone: (910) 395-4553 / 1-800-218-6575

<http://www.capefearcog.org>

Fax: (910) 395-2684

Serves the following counties: Brunswick, Columbus, New Hanover, Pender

Eastern Carolina Council of Governments**Region P**

233 Middle Street, New Bern, NC 28563

Phone: (252) 638-3185 / 1-800-824-4648

<http://www.eccog.org/>

Fax: (252) 638-3187

Serves the following counties: Carteret, Craven, Duplin, Greene, Jones, Lenoir, Onslow, Pamlico, Wayne

Mid-East Commission

Region Q

1502 N. Market Street, Suite A, Washington, NC 27889

Phone: (252) 946-8043

<http://www.mecaaa.org>

Fax: (252) 974-1852

Serves the following counties: Beaufort, Bertie, Hertford, Martin, Pitt

Albemarle Commission

Region R

512 South Church Street, Hertford, NC 27944

Phone: (252) 426-5753

<http://www.albemarlecommission.org>

Fax: (252) 426-8482

Serves the following counties: Camden, Chowan, Currituck, Dare, Gates, Hyde, Pasquotank, Perquimans, Tyrrell, Washington